

A photograph of a smiling male doctor in a white lab coat and stethoscope, holding a baby. The image is overlaid with a light blue grid pattern. The doctor is on the left side of the frame, and the baby is in the lower-left corner. The background is a solid light blue color.

12/1/14 Warm-up:

In a paragraph, describe the events of your earliest memory. How did you feel? What were you doing? Who was there?

A smiling male doctor with a goatee, wearing a white lab coat over a light-colored shirt and a patterned tie. He has a stethoscope around his neck. In the lower-left corner, he is holding a baby who is wearing a white diaper and looking towards the camera.

Today's Agenda: 12/1/14

1. Students will complete warm-up.
2. Students will copy list of medical abbreviations for Friday's quiz.
3. Students will work on key terms crossword, due next class as homework assignment.
4. **TO: What changes do we expect to see in the infancy phases of life?**

Introduction to HGD

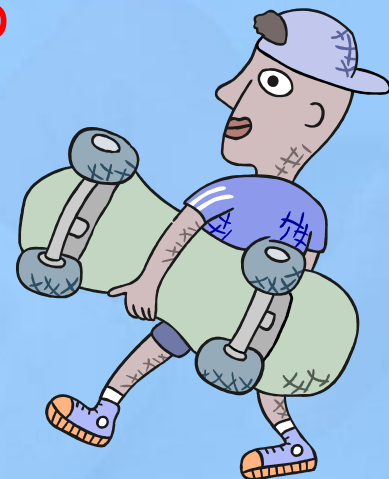
- growth and development: begins with birth and ends with death
- must be aware of the various life stages and of individual needs in order to provide quality health care





Life Stages

- infancy: **birth to 1 y/o**
- early childhood: **1 to 6 y/o**
- late childhood: **6 to 12 y/o**
- adolescence: **12 to 20 y/o**
- early adulthood: **20 to 40 y/o**
- middle adulthood: **40 to 65 y/o**
- late adulthood: **65+ y/o**



A photograph of a male doctor with a goatee, wearing a white lab coat over a light-colored shirt and a patterned tie. He is smiling and holding a young child in a white diaper. The background is a light blue grid pattern.

Types of growth & development

- physical:
 - body growth, muscle and nerve development, and changes in organs
- mental:
 - learning how to solve problems, make judgments, and deal with situations

Types of grow and development


- emotional:
 - refers to feelings - dealing with love, hate, joy, fear, excitement
- social:
 - interactions and relationships with others



A photograph of a male doctor with a goatee, wearing a white lab coat over a light-colored shirt and a patterned tie. He is smiling and holding a young child in his arms. The child is wearing a white diaper and looking towards the camera. The background is a light blue gradient with faint, stylized icons of a brain and a heart.

Infancy - Physical

- Newborn: **avg. 6 to 8 lbs**
- end of first year: **weight triples**
- muscle and nervous systems: immature, progress slowly
 - Reflexes: startle, rooting, sucking, grasping
 - Muscle coordination
 - Barely **lifting head** to turning to rolling to sitting **to standing**
- **Vision: poor at birth**, improves w/ age
 - Limited: **black and white, no eye coordination.**

A photograph of a male doctor with a goatee, wearing a white lab coat, a light-colored shirt, and a patterned tie. He is smiling and holding a young child in a white diaper. The background is a light blue gradient with faint, overlapping images of a stethoscope and a baby's face. The text 'Infancy - Mental' is overlaid on the right side of the image.


Infancy - Mental

- **respond to discomforts**
 - no speech, progress to basic sounds
 - single word vocab



Infancy - Emotional

- **Excitement**
- Distress, delight, **anger**, disgust, and **fear**
- Elation, affection for adults
- **Strong influence on adulthood emotional behavior.**

A background image of a smiling male doctor in a white lab coat and tie, holding a baby. The image is semi-transparent and serves as a backdrop for the text.

Infancy - Social

- **Self-centeredness**
 - **4 mo** recognize care giver
 - **6 mo** watching activities of others and become shy or withdrawn to strangers
 - **12 mo** still maybe shy, but **socialize freely** with familiar people
 - **Mimic and imitate** gestures, facial expressions, and vocal sounds.
 - Dependent on others for all needs
 - Food, cleanliness, and rest.....
 - Love and security.....
 - Stimulation.....



Erikson's Eight Stages of Psychosocial Development

- Infancy
 - Stage of Development – oral and sensory
 - Basic Conflict – trust vs. mistrust
 - Major Life Event – feeding
 - Conflict Resolution – trust if needs are met, if not uncooperative, aggressive, decrease interest in enviro't