

12/3/14 Warm-up:

1. What information does Erikson's psychosocial development phases give us?
2. What is so unique about infant birth wt?
3. In what ways (categories) do patients change over a lifetime?
4. Why is it important for HC professionals to understand HGD?
5. Control of what two body systems are the least developed for infants?



Early Childhood – Physical

1 – 6 y/o



- Growth is slower than during infancy.
 - Age 6, 45 lbs and 46 in.
- **More adult appearance**
- **Running, climbing, etc.**
- Writing, drawing, using a fork and knife, **fine motor skills develop.**
- **Digestive system can handle most adult foods.**
- **Develops bladder and bowel control**

Early Childhood - Mental

1 – 6 y/o

- Very rapid development
- Verbal growth (several words to 2,500!)
- Interested in many activities
- Begin to understand concepts
- Begin to make decisions based on logic
- Memory is developing...making decision based on past and present experiences.



Early Childhood – Emotional

1 – 6 y/o

- Feeling impatience and frustration, **try to do things beyond their ability**
- Develop self-awareness and **recognize effect they have on others.**
- Limits have to set for safety
- **Develops anger** = "temper tantrums"
- **Like routine**, frustrated w/ change
Understand the concept of **right and wrong**
- Older...less anxiety w/ change; learned to deal w/ new situations through experience.



Early Childhood – Social

1 – 6 y/o

- **Self-centered to very sociable.**
- Strongly attached to those who provide care and fear separation.
- **Very possessive.**
- **Gradual progression** from “self” and begin **to have an interest in others.**
- **Learn to trust** and **make friends** their own age.
- Need routine, order, and consistency.
- **Must be taught responsibility** and obey rules.



Erikson's Eight Stages of Psychosocial Development

- Toddler 1 – 3 y/o
 - Stage of Development – mm and anal
 - Basic Conflict – autonomy vs. doubt
 - Major Life Event –potty training
 - Conflict Resolution – learns control in mastering skills, but if needs are not met he/she feel shame, doubt, lack of self-confidence in later stages



Erikson's Eight Stages of Psychosocial Development

- Preschool 3 – 6 y/o
 - Stage of Development – locomotor
 - Basic Conflict – initiative vs. guilt
 - Major Life Event – independence
 - Conflict Resolution – initiates instead of imitate, develop conscience, needs not met feels guilt and thinks everything they do is wrong leading to hesitancy in later stages

