

Today's Agenda: 9/8/14

1. Students will complete warm-up.
- 2. TO: Describe popular body positions used for examinations and movement terms.**
3. Students will begin to make a Puppet Pal using all of the 3 positions and 3 movement terms for a class assignment grade. Plays will be presented on Wednesday.
4. Homework – read Chapter 4, pages 59 – 80 in your textbook.

Body Positions for Examinations

Supine

- Lying on back for anterior exam: breast, x-ray



Prone

- Lying on stomach for posterior exam



Body Positions for Examinations

Dorsal Recumbent

- Lying on back, knees bent, feet flat: abdomen, vaginal, or rectal



Lithotomy

- Lying on back, knees bent, feet in stirrups: pelvic, rectal, childbirth



Body Positions for Examinations

Knee Chest

- Head, chest, knees, flat against table: artificial insemination



Sim's

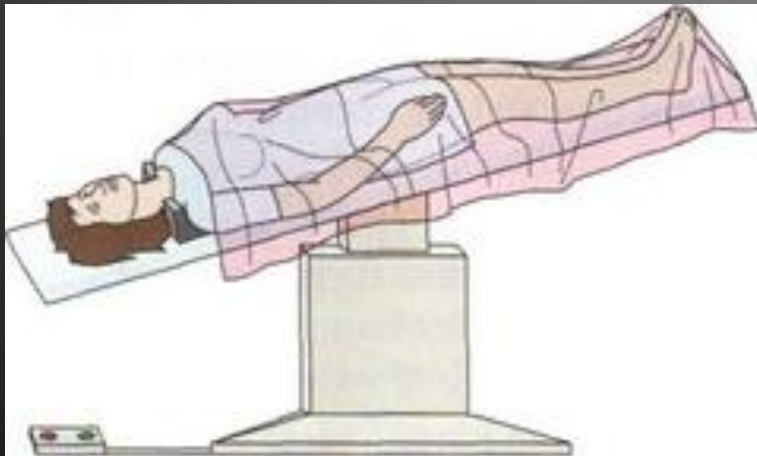
- Lies on L side, L arm bent back, L knee bent, R knee on table: suppositories, enemas



Body Positions for Examinations

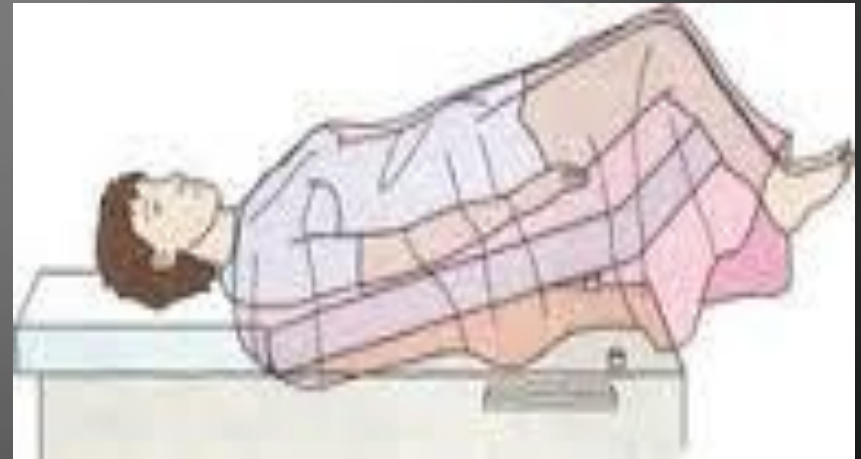
Trendelenburg

- Supine, head lower than trunk, knees straight: treat shock, radiology



Modified Trendelenburg

- Supine, head lower than trunk, knees bent, feet are below the level of knees: treat shock, radiology



Body Positions for Examinations

Sitting

- Sits on exam table, knees bent: auscultation (listening to) of heart/lungs, Bld pressure, EENT



Movement Terms

- Describe opposite actions or movements of body parts.

Flexion / Extension

- Bending a joint or decreasing the angle between two bones
- Straightening a joint or increasing the angle between two bones



Abduction / Adduction

- Moving a body part away from the midline of the body
- Moving a body part towards the midline of the body



Inversion / Eversion

- Turning the sole of the foot inward



- Turning the sole of the foot outward





